

# sigvaris



## Measuring guide Flat Knit

HOW TO MEASURE OPTIFORM TOE CAPS

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# Basics in measuring

- **Toe caps** are made according to **skin measurements** (without traction).
- Measurements on the toes are given to the millimeter (4.3 cm, 6.2 cm, etc.).
- Length measurement starting from A are measured perpendicular until the desired end of the garment.
- Ensure that the toe cap is long enough, i.e. the end of the toe cap should cover the back of the foot as far proximally as possible.
- Measure lengths under full load.

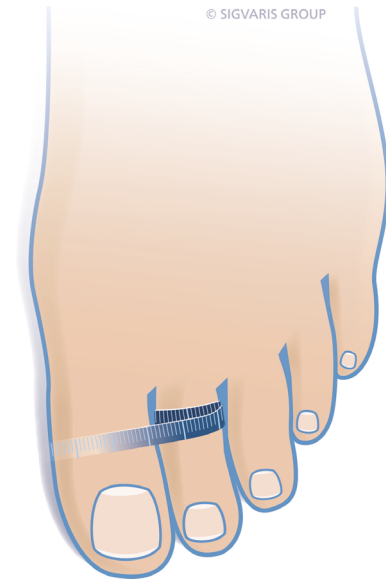


# Measuring point cX

Measure the proximal toe circumference directly above the webbed skin. Measure each toe individually without traction and accurately to the nearest millimeter.

**Important:**

Swim skin must not be squeezed or pushed down.



# Measuring point cZ

Measure the distal toe circumference at the desired end (Z), usually the nail base or the middle of the nail, for open toes. Measure each toe individually without traction and with millimeter precision.

## **Important:**

In the case of osteoarthritis (thickening of the joints), measurements must be taken over the joint. If the circumference cZ is greater than cX, the circumference cX must be adjusted to cZ ( $cZ = cX$ ).

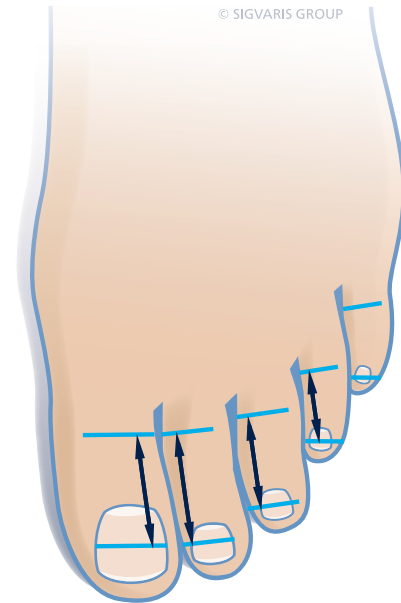


# Measuring point $l_{XZ}$

Measure from the base of the webbed skin (X) to the desired end (Z), usually the nail base or the middle of the nail. Measure each toe individually and to the millimeter.

## **Important:**

On the little toe a toe cap is only used in exceptional cases (if edematous). The circumference must also be specified for models without a little toe.

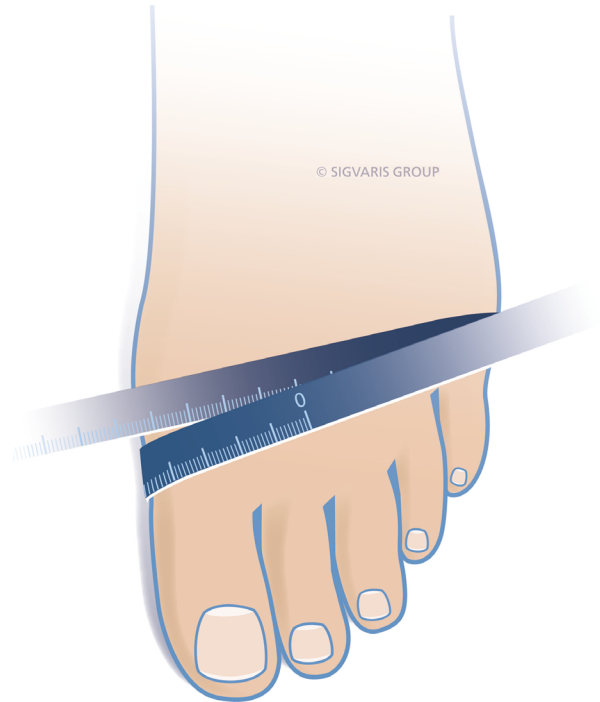


# Measuring point cA

Circumference of the forefoot in front of the metatarsophalangeal joints with the foot fully loaded. Measurement is taken without traction.

**Note:**

The measuring tape is anatomically inclined.



# Measuring point cA1

The measuring tape runs at the highest point of the back of the foot over the metatarsal bone, at right angles to the longitudinal axis of the foot. Measure without traction under full load.

**Note:**

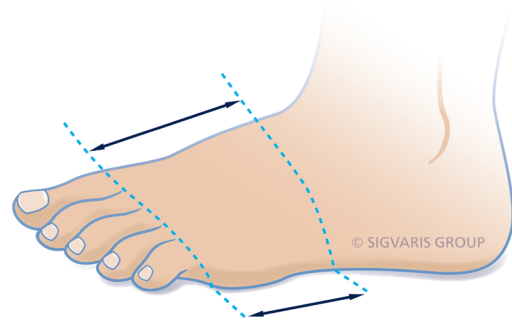
Mark measuring point A1 on the outside and inside of the foot for measuring  $lAA1$  outside and  $lAA1$  inside mark.



# Measuring points $l_{AA1}$ Inside & $l_{AA1}$ Outside

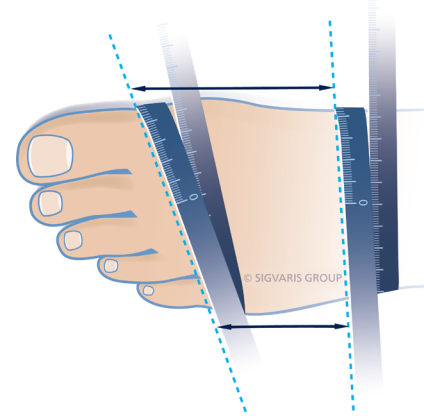
## $l_{AA1}$ Inside:

Measure from the lateral marking point  $cA1$  on the inside of the foot to the height of the base of the big toe (crease of the big toe)



## $l_{AA1}$ Outside:

Measure from the lateral marking point  $cA1$  on the outside of the foot to the level of the base of the toe (small toe flexion crease).



# Multi-part garment toe caps

## **Example** toe cap + leg garment

In the overlapping area of the toe cap

→ **cA**: skin measurement

→ **cA1**: skin measurement

### **Option:**

Porous ending for a smooth transition in case of multi-part garments possible.

Measurements of each multi-part garment have to be given on a separate order form and please tick the appropriate box for multi-part garments.



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