

**1 BUSINESS INFORMATION**

Account Number \_\_\_\_\_

Business Name \_\_\_\_\_

Contact Name \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Accounting Email \_\_\_\_\_

Payment Method  Net 30  Credit Card

Card # \_\_\_\_\_ Exp \_\_\_\_\_ CID \_\_\_\_\_

**3 CLIENT/PATIENT INFORMATION**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Weight \_\_\_\_\_ Height \_\_\_\_\_

**5 UPPER EXTREMITY GARMENT**

**STYLE**  UE-AC  Other: \_\_\_\_\_

**EXTREMITY**  Left  Right

**FOAM TYPE**  Chopped/Shredded  Sculpted

**FOAM THICKNESS**

Lite 15mm  Normal 25mm  Thick 35mm

Custom: \_\_\_\_\_

**FOAM DENSITY**  Normal  Firm

**CHANNELING DESIGN**  Chevron  Vertical

**ADD-ONS**

Adjustable Lacing System  Zipper

Other: \_\_\_\_\_

**2 SHIPPING INFORMATION**

Name \_\_\_\_\_

Attn \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email \_\_\_\_\_

Speed  Ground  2nd Day  Next Day

**4 FITTER INFORMATION**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**6 MEASUREMENTS (LANDMARKS)**

MEASURE CIRCUMFERENCE IN CM

MCP<sup>c</sup>:

#1 \_\_\_\_\_

#2 \_\_\_\_\_

#3 \_\_\_\_\_

#4 \_\_\_\_\_

#5 \_\_\_\_\_

MEASURE LENGTH IN CM

**NOTES** Provide addition measurements or medical presentations including physical, psychosocial, cognitive concerns that should be considered in designing.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**GETTING STARTED**

- 1 Mark the landmark reference points from where you would like the garment to start and end at the determined positions, directly on your patient's skin using a water-based marker.
- 2 Measure the hand when the edema is at its lowest, usually in the morning. (See details below)
- 3 When measuring the hand should be in a neutral posture. Use the comment section to indicate or to inform us if you used a different position. (See details below)
- 4 Using a water-based marker, identify landmarks on the dorsum of the hand with the hand in neutral position, fingers relaxed, and thumb in neutral.

**TIPS & MEASUREMENT INFORMATION**

1. Use hash marks to indicate areas of tissue fibrosis on the hand diagram.
2. With areas exhibiting tissue laxity, record circumferences as a range.
- 3 For patients who fluctuate frequently we recommend modifying the garment to include the adjustable lacing system.
4. Provide additional length and circumference measurements as needed to support an improved fit.
5. Contact Alta Medical to send photos or illustrations to further explain patient presentations.

**Circumferences** 

Document measurements on the left side of the diagram

- A=** With the fingers adducted and the hand in a neutral posture, measure the girth of the distal digits using the drawing as a visual guide.
- 
- B=** With the fingers adducted and the hand in a neutral posture, measure the girth of the palm using the MCP's and water-based marker landmark as a visual guide.
- 
- B<sup>1</sup>=** With the fingers adducted and the hand in a neutral posture, measure the girth of the palm using the thenar web space as indicated with a water-based marker dot as a visual landmark.
- 
- C=** Measure the wrist using the distal styloids and the water-based marker landmark as a visual guide.
- 
- C<sup>1</sup>=** Measure the girth at the dotted location.
- 
- Metacarpal 1=** Measure the circumference at the base of the digit.
- 
- Metacarpal 2=** Measure the circumference at the base of the digit.
- 
- Metacarpal 3=** Measure the circumference at the base of the digit.
- 
- Metacarpal 4=** Measure the circumference at the base of the digit.
- 
- Metacarpal 5=** Measure the circumference at the base of the digit.

**Lengths** ↑

Document measurements on the right side of the diagram

- A-B=** Measure the length of the tip of digit 3 to the distal MCP of digit 3. Use a water-based marker to identify this landmark.
- 
- B-B<sup>1</sup>=** Measure from the distal MCP of the 3rd digit to the B<sup>1</sup> landmark. Use a water-based marker to identify this landmark.
- 
- B-C=** Measure from the B<sup>1</sup> landmark to the C landmark. Use a water-based marker to identify this landmark.
- 
- C-C<sup>1</sup>=** Measure from landmark C to landmark C<sup>1</sup>. Use a water-based marker to identify this landmark.

In need of assistance with measuring or ordering?  
Scan to get in touch:

