

### 1 BUSINESS INFORMATION

Account Number \_\_\_\_\_  
 Business Name \_\_\_\_\_  
 Contact Name \_\_\_\_\_  
 Phone \_\_\_\_\_ Fax \_\_\_\_\_  
 Accounting Email \_\_\_\_\_  
 Payment Method  Net 30  Credit Card  
 Card # \_\_\_\_\_ Exp \_\_\_\_\_ CID \_\_\_\_\_

### 3 CLIENT/PATIENT INFORMATION

Name \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Weight \_\_\_\_\_ Height \_\_\_\_\_

### 5 UPPER EXTREMITY GARMENT

**STYLE**  UE-AG  UE-BG  UE-CG  Other \_\_\_\_\_  
**EXTREMITY**  Left  Right  
**FOAM TYPE**  Chopped/Shredded  Sculpted  
**FOAM THICKNESS**  
 Lite 15mm  Normal 25mm  Custom \_\_\_\_\_  
**FOAM DENSITY**  Normal  Firm  
**CHANNELING DESIGN**  Chevron  Vertical  
**ADD-ONS**  Adjustable Lacing System  Zipper  
 Pull-up Loops  Finger Spacers  
 IndigoCover  IndigoCover+  
 Other: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### 2 SHIPPING INFORMATION

Name \_\_\_\_\_  
 Attn \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Email \_\_\_\_\_  
 Speed  Ground  2nd Day  Next Day

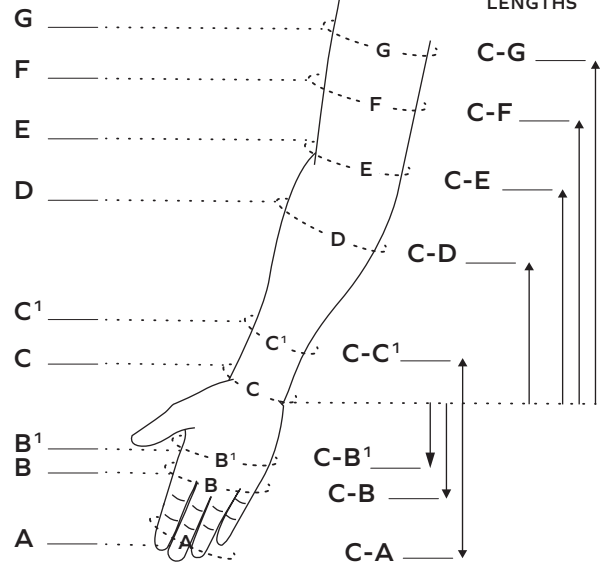
### 4 FITTER INFORMATION

Name \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

### 6 MEASUREMENTS (LANDMARKS)

MEASURE  
LENGTH IN CM

GIRTHS



**NOTES** Provide additional measurements or medical presentations including physical, psychosocial, cognitive concerns that should be considered in designing.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**GETTING STARTED**

- 1 Tools you will need: soft measuring tape, a water-based marker, a pen or pencil, and the order form.
- 2 Measure the arm when the edema is at its lowest, usually in the morning.
- 3 Document on the order form the arm positioning (at side or elbow extension). (See details below)
- 4 Using a water-based marker, mark the arm, aligning precisely with the length measurements indicated on the order form.

We recommend patients be in a relaxed, supine (lying down) position.

**TIPS & MEASUREMENT INFORMATION**

1. Use hash marks to indicate areas of tissue fibrosis on the hand diagram.
2. With areas exhibiting tissue laxity, record circumferences as a range.
3. For patients who fluctuate frequently we recommend modifying the garment to include the adjustable lacing system.
4. Provide additional length and circumference measurements as needed to support an improved fit.
5. Contact Alta Medical to send photos or illustrations to further explain patient presentations.

**Circumferences** 

Document measurements on the left side of the diagram

**A=** With the fingers in adduction, measure from the tip of digit 5 straight across to the DIP of digit 2.

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**B=** Measure the width across the hands metacarpals.

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**B<sup>1</sup>=** Circumferentially measure across the hand at the level of the thenar web space.

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**C=** Measure the wrist using the distal styloids as a landmark.

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**C<sup>1</sup>=** Measure the girth at the dotted location.

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**D=** Measure the forearm girth at the dotted location.

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**E=** With elbow in extension, take circumferential measurement. Ensure the tape is not angled.

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**F=** Measure the girth at the dotted location. Use a specific circumference or to gather a range, use the tape to approximate the girth and then pull the tape taut and document both measurements on the order form.

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**G=** With the elbow in extension, and the arm parallel to the body, measure the girth at the dotted location. Use a specific circumference or to gather a range, use the tape to approximate the girth and then pull the tape taut and document both measurements on the order form. Ensure the tape is not angled.

**Lengths** ↑

Document measurements on the right side of the diagram

**A-B=** Measure from the tip to the base of the third finger on the dorsal aspect of the hand. Dot this location with a water-based marker.

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**A-B<sup>1</sup>=** Measure from the tip to the third finger parallel to the thenar web-space length on the dorsum of the hand. Dot this location with a water-based marker.

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**A-C=** Measure from the tip to the third finger to distal wrist styloids on the dorsum of the hand. Dot this location with a water-based marker.

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**C-C<sup>1</sup>=** If the limb is not a conical shape, take an additional measurement between 2 cm to 5cm proximal of the 'C' landmark. Dot this location with a water-based marker.

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**C-D=** Measure from the distal wrist styloids to the largest of the girth area of the forearm. Dot this location with a water-based marker.

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**C-E=** With the elbow in extension, measure from the distal wrist styloids to the olecranon process on the dorsal surface of the forearm. Dot this location with a water-based marker.

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**C-F=** With the elbow in extension, measure from the distal wrist styloids to the mid-upper arm. Dot this location with a water-based marker.

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**C-G=** With the elbow in extension, and the arm parallel to the body, measure from the distal wrist styloids to the axillary crease. Place a pencil or pen in the armpit for a visual aid. Dot this location on the dorsal limb with a water-based marker.

In need of assistance with measuring or ordering?

Scan to get in touch:

