



People.Health.Care.

## SwellSpots™

Therapeutic foam pads for tough edema and fibrosis.





# Solaris Collection™

BY L&R USA INC.

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In the early 2000's, lymphedema treatment was still being developed in the United States. The “gold standard” of treatment — multi-layer bandaging — led to successful patient outcomes. However, patients often struggled to maintain therapy success on their own using bandaging. Lymphedema Therapists needed home therapy solutions for their patients managing this lifelong condition.

The Solaris Collection™ answers therapists' challenges by providing effective solutions to help patients live with lymphedema and edema. It not only supports therapists and fitters, but helps improve patients' quality of life.

The Solaris Collection's range of edema and lymphedema treatment solutions will continue to expand, by listening to your clinical challenges and creative ideas, as well as your patients' needs.

– The L&R USA Family

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### About L&R USA INC.

L&R USA is an affiliate of our global parent company Lohmann & Rauscher, which has a 160-year history as a well-recognized and respected global manufacturer and supplier of compression therapy solutions and innovative wound care products. L&R USA provides you with effective compression solutions, including bandaging and the Solaris Collection™ of garments and wraps, to help you treat your lymphedema and edema patients.

When you use L&R USA products, you know your patients are in good hands with trusted brands like TributeNight™, ReadyWrap™, Rosidal® K, and Debrisoft®.

L&R USA — passionate about delivering innovative wound care and compression solutions.



# SwellSpots™

## Small pads that offer big relief!

SwellSpots™ are therapeutic foam pads designed by lymphedema therapists to help soften troublesome areas of edema and fibrotic tissue. Using these versatile pads will save time from cutting your own shapes and chip foam bags, and allow more time for manual lymphatic drainage (MLD), bandaging, and patient education. All you need to do is place either side of the pad against the skin and apply short stretch bandages over the top, or tuck into a garment. From there, let the pad do the rest.

Whether it's breaking up tough fibrotic tissue, filling concavities, or padding bony prominences, these small SwellSpots pads offer you and your patients a big relief!



### Proven foam technology supports improved patient outcomes.

- Helps break up and soften hardened or fibrotic tissue/skin
- Supports limb volume reduction
- Creates multi-point profiles to help open initial lymphatics and encourage re-absorption
- Fill concavities
- Pad bony prominences

See the results possible with SwellSpots ▶

“My patients find SwellSpots not only make it really easy to break up tough fibrosis and scar tissue, but also help alleviate any pain — making it easier to be compliant with their garments.”

Maureen McBeth, PT, CLT-LANA



To achieve these results, SwellSpots were integrated with the multi-layer bandaging protocol, including the application of Rosidal® K short stretch bandage as the top layer.

Contact your L&R representative to learn more about our complete bandaging line.

Patient photos © Maureen McBeth Consulting



**88%**

**faster wicking**

of sweat and moisture away from the body\*



**30%**

**more Cooling Power**

to better regulate body temperature\*



**55%**

**faster drying time**

for easier garment care\*



### Versatile shapes & sizes

Provides wide range of off-the-shelf and custom solutions to manage various troublesome areas – no matter the location.



### Channeling

Designed based on MLD principles of directing fluid along the lymphatic pathways.



### Quick, easy-to-use

Save time compared to individually cutting shapes and creating your own chip foam bags.



### Reusable pads

Offering easy care in washing machine and dryer up to 180 washes.



### Service guarantee

Guaranteed to be free of material and manufacturing defects for the six-month life of the pad.



\*Compared to previous fabric.

# SwellSpots™

## Versatile pads for every presentation.

Our wide range of off-the-shelf shapes and sizes can be used for various parts of the body. However, SwellSpots pads are extremely versatile, and can be used in whatever location or under any type of compression (e.g., bandages, garments, wraps) you determine for your patient.

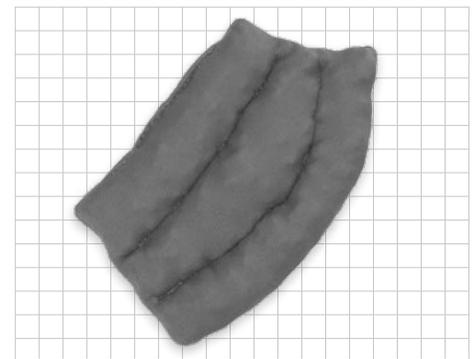
### DON'T SEE THE SHAPE OR SIZE YOU NEED?

We can work with you to create a custom SwellSpots pad to meet your needs. See page 10 for details.



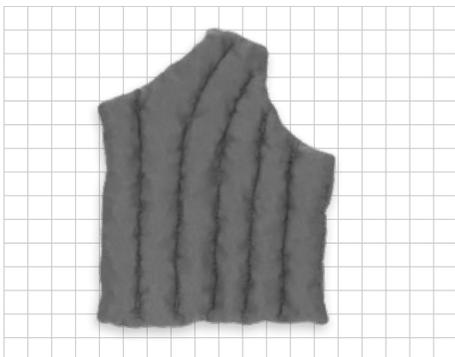
#### Breast Pad

Pad designed specifically for use on the breast area, and can be worn inside a bra.



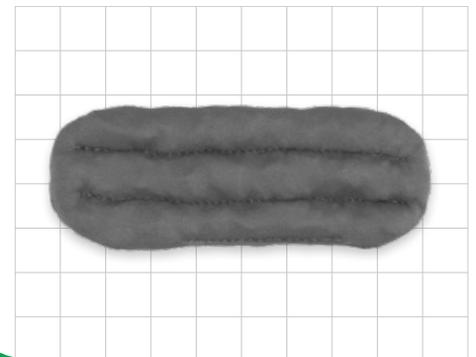
#### Lateral Bra Pad

Pad designed for use on the lateral chest wall, and can be worn inside a bra.



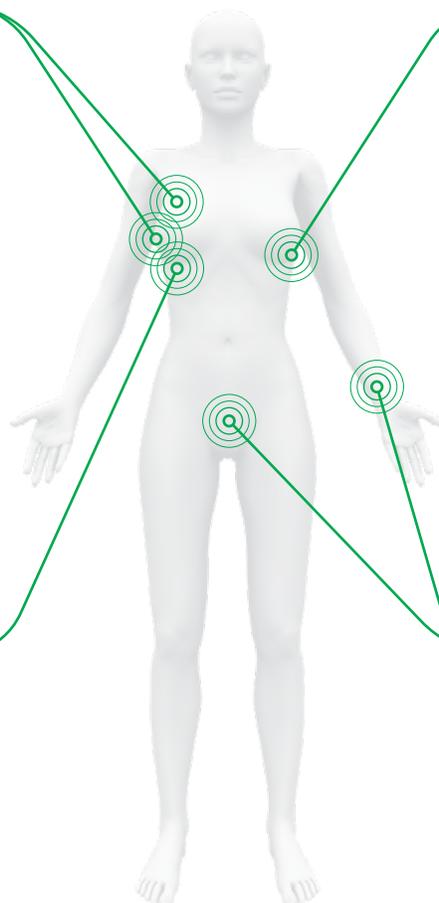
#### Full Bra Pad

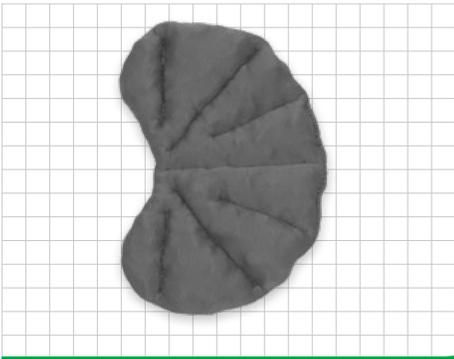
Pad designed for use from the lateral chest wall toward the anterior midline of the chest, and can be worn inside a bra.



#### Oval Pad

Versatile pad designed for use inside the hand splints, along the ulnar aspect of the forearm, and the groin.

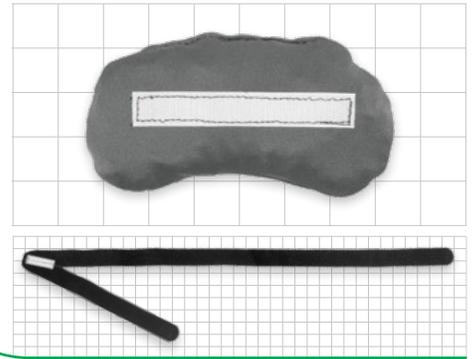
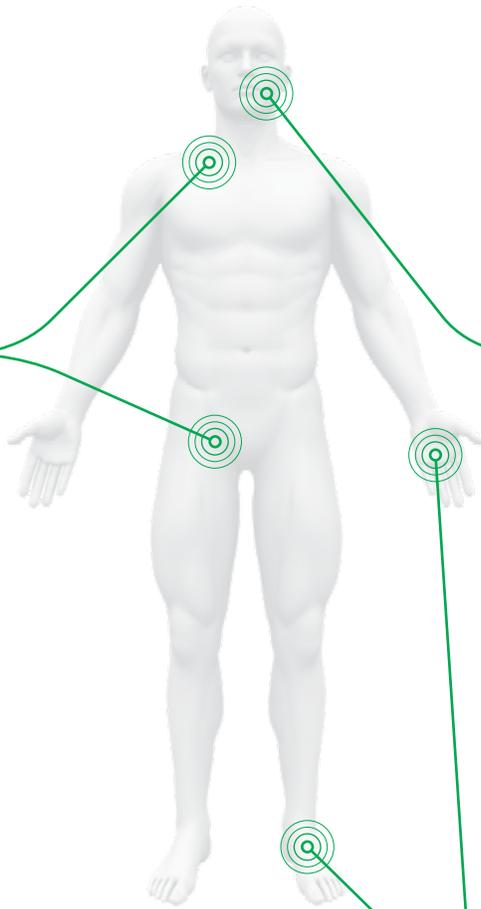




### Kidney Pad

Versatile pad designed for use at the scapula, groin, or neck.

Designed by Kimberly Brungardt, OTR, CLT-LANA



### Head-Neck Pad

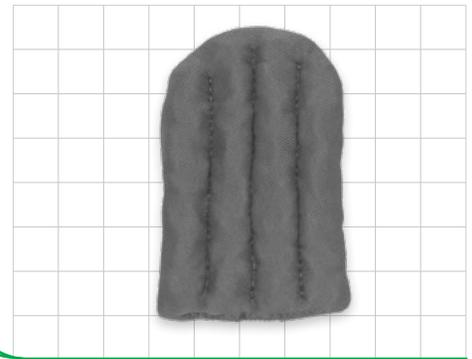
Versatile pad designed for use on the face and neck by placing the Head-Neck Pad in various locations along the strap.

Designed by Jodi Reynolds, PT



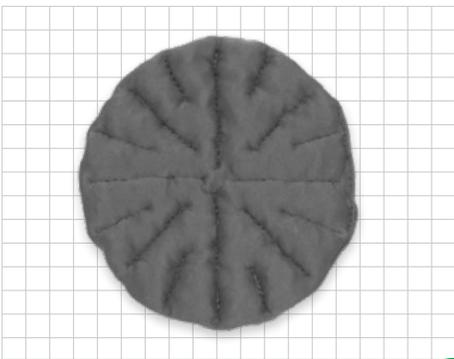
### Versi-Face Pad

Versatile pad designed for use around the eyes and under the chin.



### Dorsal Pad

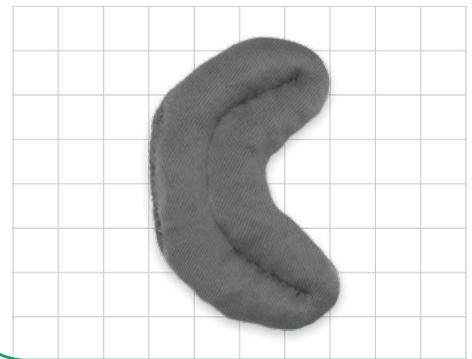
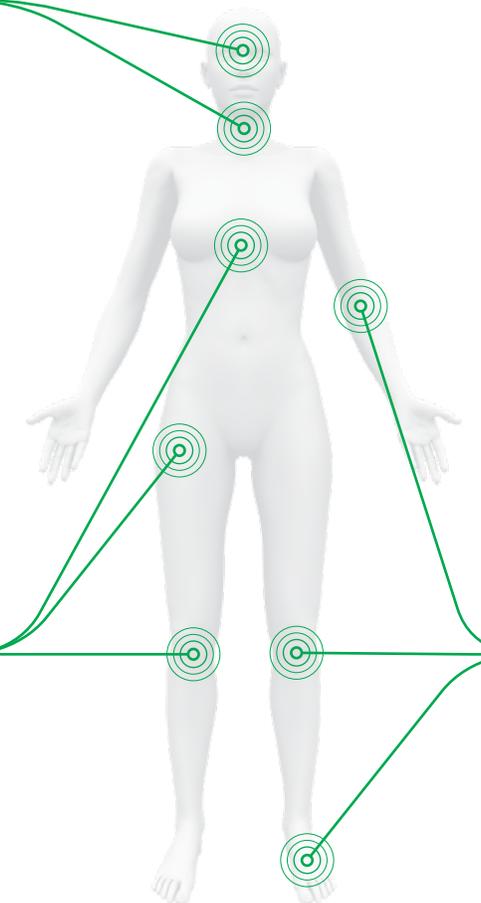
Pad designed to use on the dorsum of either the hand or foot.



### Circular Pad

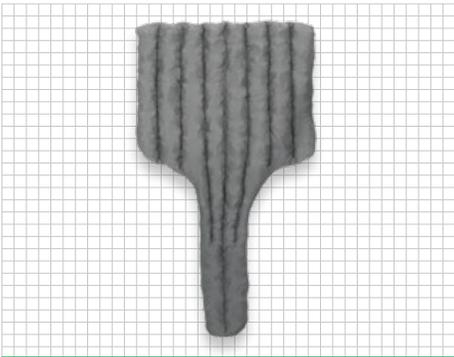
Versatile pad designed for use on the chest wall, hip, anterior knee, posterior knee, and abdomen.

Designed by Maria Sobol, PT, CLT-LANA



### Curved Pad

Versatile pad designed for use around the ankle, patella, elbow, eyes, and behind the ear.



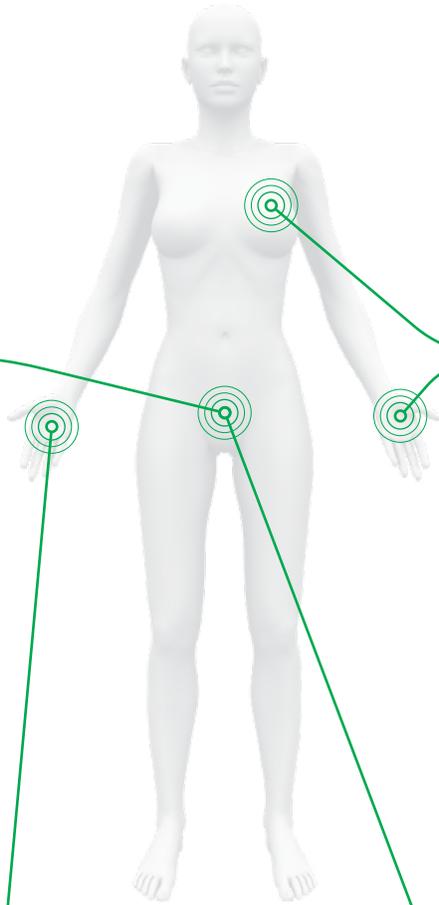
### Labia Pad

Tapered pad designed for the female genital area that can be worn inside or over underwear.



### Palmar Pad

Versatile pad designed for use on palmar surface of the hand, dorsum, concave shape of palm, or inside a bra.



### Carpal Hand Pad

Pad designed to use at the thenar web space.

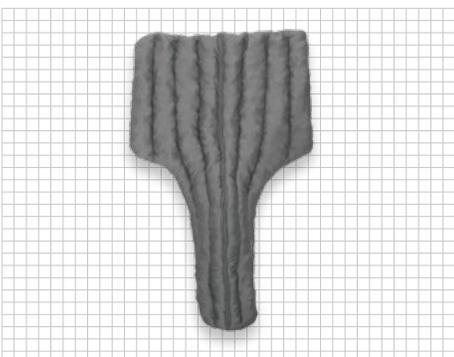
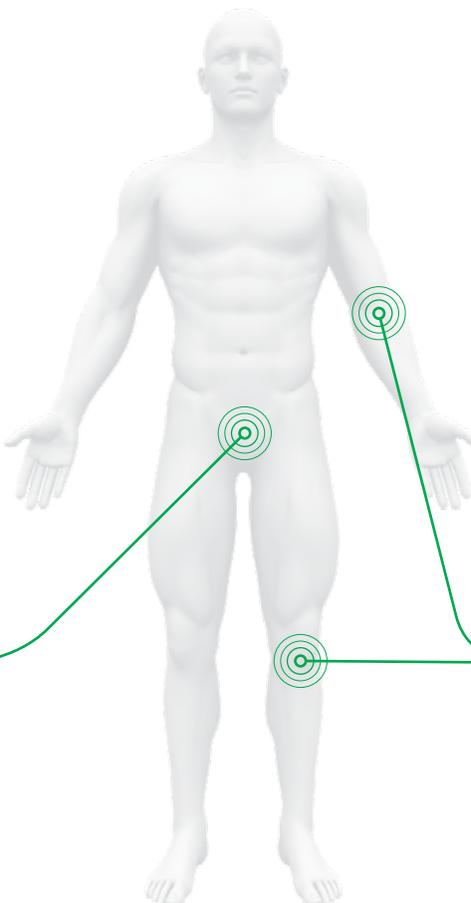
Designed by Joanne Pickett, OTR and Judy Warnke, OTR



### Female Genital Pad

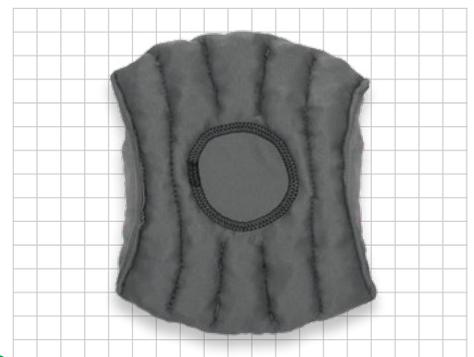
Pad designed for use in the female genital area — can be placed inside or over underwear. One side of the pad is made of non-skid material to help reduce shifting.

Designed by Melissa Dettmer, MTP, CLT-LANA



### Scrotum Pad

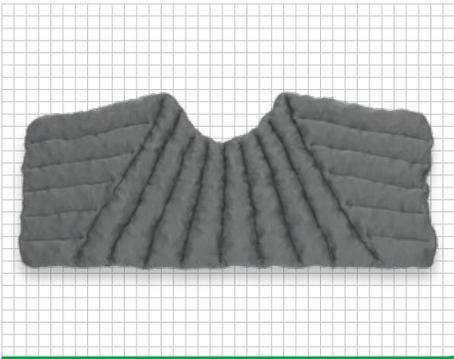
Tapered pad designed for the male genital area that can be worn inside or over underwear.



### Knee-elbow Shaper Pad

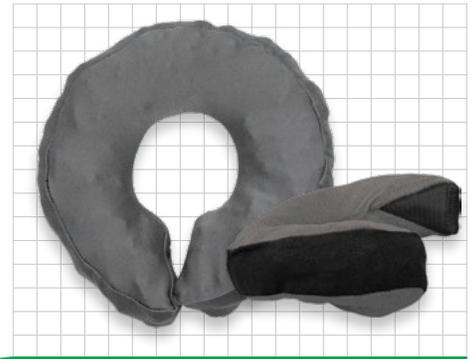
Versatile pad designed for use at the knee or elbow.

Designed by Bonnie Lasinski, MA, PT, CI, CLT-LANA



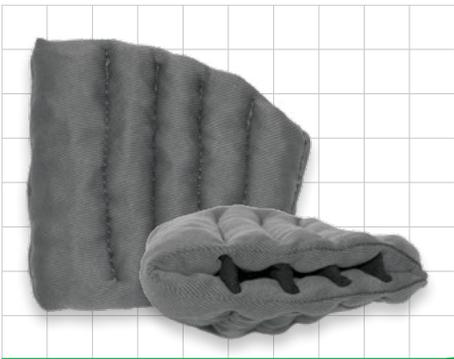
### Thora-Thigh Pad

Versatile pad designed for use at the chest, groin, medial thigh, and ankle.



### Ring Pad

Versatile pad designed to fill crevices or lift lobules at the ankle, wrist, or abdominal pannuses. *(Available with or without a VELCRO® brand hook closure.)*



### Toe Pad

Unique digit spacers pad designed for comfort and separation of individual toes.



### Crescent Pad

Wedge-shaped pad designed to support lobules and skin folds.



### Tic-Tac Pad

Versatile pad designed to address larger areas of edema and fibrosis, such as the back, abdomen, or thigh.



### Rectangular-tapered Pad

Versatile tapered pad designed for use at the ulnar aspect of the forearm, the IT band of the lateral thigh, or the anterior surface of the calf.

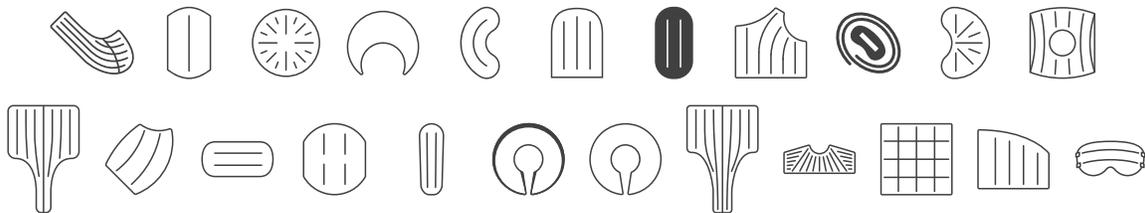
Designed by Katina Kirby,  
OTR/L, MS, CLT-LANA

# How to order SwellSpots.

Easy steps for easier therapy.

## 1 Select a Style

SwellSpots pads are available in a wide range of versatile off-the-shelf shapes and sizes that can be used for various parts of the body. Select from the many available styles that best support your therapy:



## ? Don't see the shape or size you need for your patient?

Our Custom Design Center can work with you to create a custom SwellSpots pad to meet your patient's unique needs.

The Custom Design Center is available  
Monday through Friday, 7:00AM–7:00PM Central

☎ 414-892-5158

✉ [CustomDesignCenter@us.LRmed.com](mailto:CustomDesignCenter@us.LRmed.com)

📺 Video conference

Custom SwellSpots pads are covered by our SURE-FIT™ Guarantee. You can rest easy knowing we'll do everything we can to make sure your patient ends up with exactly what they need.



## 2 Order

Place an order through your preferred garment supplier.

- Local DME
- National provider
- Online distributor

🌐 [www.lohmann-rauscher.us/where-to-buy](http://www.lohmann-rauscher.us/where-to-buy)

Dealers can purchase direct from L&R USA via phone, fax, or online store.

## Indications

### INDICATIONS

- Lymphedema
- Edema

### INTENDED USES

- Assists in softening of indurated/fibrotic tissue (when used with compression bandages/ compression garments)
- Fill concavities and/or pad bony prominences (when used with compression bandages/compression garments)
- Diffuse pressure points (when used with compression bandages/compression garments)

### CONTRAINDICATIONS

No contraindications known.

### PRECAUTIONS

- Allergies or sensitivities to materials
- Care should be taken in patients using anticoagulant medication to assess tolerance

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## Care Instructions

### WASHING

- Machine wash on permanent press in warm water with other laundry items
- Do not use bleach or fabric softener
- Take extra care if the garment has VELCRO® Brand fasteners and ensure it is fastened securely prior to washing
- Do not dry clean

### DRYING

- Tumble dry on permanent press with other laundry items
- Shorten drying time by pressing out excess water with a towel or tumbling with clean tennis balls
- Do not iron



### MATERIAL CONTENT

Polyurethane, polyester, nylon (polyamide), spandex (elastane)

Not made with natural rubber latex.



People.Health.Care.

**SwellSpots™** Edema and fibrosis pads  
sold individually

Style	Size (cm)	Item Code	Item No.
<b>Breast Pad</b>	A-B cup*	SP-09-S	104541
	C-D cup*	SP-09-M	104540
	D-DD cup*	SP-09-L	104539
<b>Carpal Hand Pad</b>	4.5 x 7	SP-07	104537
<b>Circular Pad</b>	18	SP-06-S	104536
	22	SP-06-L	104535
<b>Crescent Pad</b> <i>inside diameter / outside perimeter / overall height</i>	9 / 51 / 6.5 <sup>†</sup>	SP-13-S	104547
	11 / 61 / 6.5 <sup>†</sup>	SP-13-M	104546
	12 / 71 / 6.5 <sup>†</sup>	SP-13-L	104545
<b>Curved Pad</b>	5 x 13	SP-01	104527
<b>Dorsal Pad</b>	10 x 14	SP-02-S	104529
	10 x 19	SP-02-L	104528
<b>Female Genital Pad</b>	7 x 15	SP-19	104560
<b>Full Bra Pad</b>	A-B cup*	SP-16-B-S	104554
	B-C cup*	SP-16-B-M	104555
	C-D cup*	SP-16-B-L	104556
<b>Head-Neck Pad</b>	16.5 x 7.5	SP-12	104544
<b>Kidney Pad</b>	14 x 24	SP-08	104538
<b>Knee-elbow Shaper Pad</b>	35-65 <sup>‡</sup>	SP-17	104557

All measurements in centimeters.

\*Cup sizes are approximate

<sup>†</sup>Dimensions shown are inside diameter / outside perimeter / overall height

<sup>‡</sup>Knee or elbow circumference range Pad can accommodate

<sup>§</sup>MTP circumference Pad can accommodate

Style	Size (cm)	Item Code	Item No.
<b>Labia Pad</b>	33 x 53	SP-15-F	104551
<b>Lateral Bra Pad</b>	10 x 16	SP-16-A	104553
<b>Oval Pad</b>	8 x 19	SP-04	104532
<b>Palmar Pad</b>	7 x 8	SP-03-S	104531
	8 x 9	SP-03-L	104530
<b>Rectangular-tapered Pad</b>	11 x 36	SP-05-S	104534
	18 x 42	SP-05-L	104533
<b>Ring Pad - Velcro</b>	9 / 60 / 6.5 <sup>†</sup>	SP-18-A	104558
<b>Ring Pad</b>		SP-18-B	104559
<b>Scrotum Pad</b>	34 x 53	SP-15-M	104552
<b>Thora-Thigh Pad</b>	52 x 22	SP-11	104543
	20 x 20	SP-20-S	104563
	30 x 30	SP-20-M	104562
<b>Tic-Tac Pad</b>	40 x 40	SP-20-L	104561
	22 <sup>§</sup>	SP-14-S	104550
	25 <sup>§</sup>	SP-14-M	104549
<b>Toe Pad</b> <i>Size indicates MTP circumference</i>	32 <sup>§</sup>	SP-14-L	104548
	<b>Versi-Face Pad</b>	29 x 16	SP-10



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