



UPPER LIMB:

ARMSLEEVE



| Anatomical | | Axillary arm | Forearm circumference | Wrist | A autofit ARMSLEEVE : RIGHT ARM 19 17 - 21 37330220100261 37330220100271 20 17 - 21 37330220300261 37330220300271 21 18 - 22 37330220400261 37330220300271 21 18 - 22 37330220400261 37330220400271 22 19 - 23 37330220500261 37330220500271 23 20 - 24 37330220600261 37330220600271 M autofit ARMSLEEVE : LEFT ARM 19 17 - 21 37330220100262 37330220100272 | Reference | | | |
|------------|---|----------------------|---------------------------|----------------------|---|----------------|----------------|--|--|
| markers | | circumference (e) | (at the widest point) (d) | circumference (c) | | | | | |
| | | | М | OBIDERM auto | fit ARMSLEEVE : I | RIGHT ARM | | | |
| | T1 | 25 - 32 | 22 - 28 | 15 - 19 | 17 - 21 | 37330220100261 | 37330220100271 | | |
| | T2 | 29 - 36 | 24 - 30 | 16 - 20 | 17 - 21 | 37330220200261 | 37330220200271 | | |
| Γ E∕− Λ | T3 | 33 - 40 | 26 - 32 | 17 - 21 | 18 - 22 | 37330220300261 | 37330220300271 | | |
| | T4 | 37 - 44 | 28 - 34 | 17 - 21 | 18 - 22 | 37330220400261 | 37330220400271 | | |
| | T5 | 41 - 48 | 30 - 36 | 18 - 22 | 19 - 23 | 37330220500261 | 37330220500271 | | |
| D | T6 | 45 - 52 | 31 - 37 | 19 - 23 | 20 - 24 | 37330220600261 | 37330220600271 | | |
| | MOBIDERM auto fit ARMSLEEVE : LEFT ARM | | | | | | | | |
| | T1 | 25 - 32 | 22 - 28 | 15 - 19 | 17 - 21 | 37330220100262 | 37330220100272 | | |
| | T2 | 29 - 36 | 24 - 30 | 16 - 20 | 17 - 21 | 37330220200262 | 37330220200272 | | |
| C | T3 | 33 - 40 | 26 - 32 | 17 - 21 | 18 - 22 | 37330220300262 | 37330220300272 | | |
| B | T4 | 37 - 44 | 28 - 34 | 17 - 21 | 18 - 22 | 37330220400262 | 37330220400272 | | |
| NNN | T5 | 41 - 48 | 30 - 36 | 18 - 22 | 19 - 23 | 37330220500262 | 37330220500272 | | |
| 900 | T6 | 45 - 52 | 31 - 37 | 19 - 23 | 20 - 24 | 37330220600262 | 37330220600272 | | |

LOWER LIMB:BELOW KNEE OR THIGH-HIGH STOCKING



BELOW KNEE

| MOBIDERM autofit BELOW KNEE | | | | | | | | |
|-----------------------------|--------------------|-------------------|-------------------|--|----------------------------|--------------------------|--------------------------------|--|
| | Ankle level (B) | Calf level (C) | Knee level (D) | Reference (unique code right/left leg) | | | | |
| | | | | Short ℓ(D): 38 - 40 cm | Normal ℓ(D): 40 - 42 cm | Long ℓ(D): 42 - 44 cm | Xtra Long ℓ(D) : 44 - 46 cm | |
| T1 | 16-24 | 24-35 | 25-36 | 37340120100231 | 37340120100232 | 37340120100233 | 37340120100234 | |
| T2 | 20-28 | 32-43 | 32-43 | 37340120200231 | 37340120200232 | 37340120200233 | 37340120200234 | |
| T3 | 24-32 | 40-51 | 39-50 | 37340120300231 | 37340120300232 | 37340120300233 | 37340120300234 | |
| T4 | 28-36 | 48-59 | 46-57 | 37340120400231 | 37340120400232 | 37340120400233 | 37340120400234 | |

THIGH-HIGH STOCKING

| | MOBIDERM autofit THIGH-HIGH STOCKING | | | | | | | |
|----|--------------------------------------|-------------------|---------------------|--|----------------------------|-------------------------|-------------------------------|--|
| | Ankle level (B) | Calf level (C) | Thigh level (cG) | Reference (unique code right/left leg) | | | | |
| | | | | Short ℓ(G): 67 - 72 cm | Normal ℓ(G): 72 - 77 cm | Long ℓ(G):77 - 82 cm | Xtra Long ℓ(G): 82 - 87 cm | |
| T1 | 16-24 | 24-35 | 46-57 | 37350120100231 | 37350120100232 | 37350120100233 | 37350120100234 | |
| T2 | 20-28 | 32-43 | 53-65 | 37350120200231 | 37350120200232 | 37350120200233 | 37350120200234 | |
| T3 | 24-32 | 40-51 | 61-72 | 37350120300231 | 37350120300232 | 37350120300233 | 37350120300234 | |
| T4 | 28-36 | 48-59 | 68-80 | 37350120400231 | 37350120400232 | 37350120400233 | 37350120400234 | |

MOBIDERM autofit

CARE INSTRUCTIONS

Close the velcro fasteners prior to washing.

Two wash options are possible:

• Hand wash:

Soak the device in cold soapy water, rub with a clean sponge and squeeze the water out by pressing.

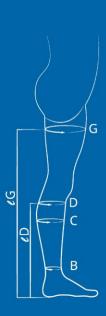
Machine wash:

Use the wool cycle, at cold temperature, and use a laundry net. Hand squeeze the water out by pressing.

In both cases, let dry at room temperature away from any direct source of heat.

When not used, the sleeve should be kept flat, with the velcro fasteners closed. If it must be folded, position the hooks pointing outward.





Anatomical markers:

- B: ankle circumference (at the narrowest point)
- C: calf circumference (at the widest point)
- D: below knee circumference (on the head of the fibula)
- G: thigh circumference (at the widest point)
- ℓ D : floor-to-knee height (for the sock measurement taken below the bend of the knee, back side)
- G: floor-to-thigh height (for the thigh-high stocking measurement at the gluteal fold)



Interest of an auto-adjustable nighttime compression of upper limb lymphedema:

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INTRODUCTION:

Rebound effect of lymphedema volume is observed after Decongestive Lymphedema Therapy (DLT) in patients with Breast Cancer Secondary Lymphedema (BCSL). Successful outcomes of lymphedema long term treatments are depending on patient compliance.

OBJECTIVE:

The main objective of this proof of concept study was to assess the efficacy and safety of **MOBIDERM** autofit as night treatment for maintenance phase after DLT on top of daily Thuasne Lymphology compression. Secondary objectives were to assess compliance and satisfaction of patients equipped with **MOBIDERM** autofit device.



RESULTS:

Description of the population (Years)

- •Mean age : **67**
- •Mean time since diagnosis of breast cancer: 11
- •Mean time since lymphedema diagnosis: 7
- •Lymphedema Stages: II, III



COMPLIANCE RESULTS

How often have you worn MOBIDERM autofit during the study? (both Gp I and II)

90 % of patients have worn MOBIDERM autofit every night

Every night 4 to 6 days per week

SATISFACTION RESULTS*:

How would you rate **MOBIDERM** autofit?

Easy / Very easy to put on Quick fitting

Useful self adjustement

Easy / Very easy to take off

Comfortable

- → 70 % of patients
- → 85 % of patients
- → 89 % of patients
- → 98 % of patients
- → 90 % of patientS

82 % of the patients

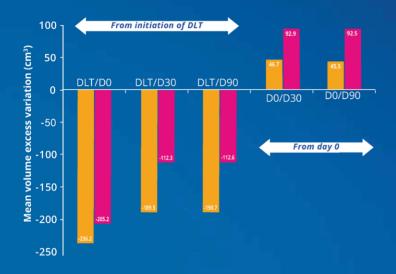
already wearing compression do prefer

MOBIDERM autofit

^{*} Patient questionnaire submitted to each enrolled patient at the end of the study

sleeve (MOBIDERM *autofit*) in maintenance phase the MARILYN pilot RCT

EFFICACY RESULTS:



Absolute mean volume excess variations (cm³)

- Vol excess variation D0/D30 (%): 1,80 in Gp I vs 3,20 in Gp II (NS)
- At day 30, 85 % of DLT effect is maintained in Gp I vs 54 % in Gp II
- Group I
 Group II



Volume variation in High Responders (HR) patients (cm3)

 MOBIDERM autofit benefit is more pronounced among High Responders DLT (Loss of 35 % during DLT - POLIT study, JMV 2014)

HR Gp I

CONCLUSION / DISCUSSION:

Results of primary criterion suggest that **MOBIDERM** *autofit* tends to limit rebound effect of lymphedema after DLT, especially in patients who were strongly responsive to DLT. Between D30 and D90, study period in which all 40 patients were fitted with the study medical device, a lymphedema volume stabilizing effect is observed.

Results of secondary criteria show that **MOBIDERM** *autofit* displays favorable characteristics that increase patient's independence from specialized medical staff or relatives while keeping high level of patient's compliance in maintenance phase.

MOBIDERM *autofit* night sleeve, on top of daily compression, could offer benefit to patients during maintenance phase of lymphedema treatment and enhances patient's autonomy.

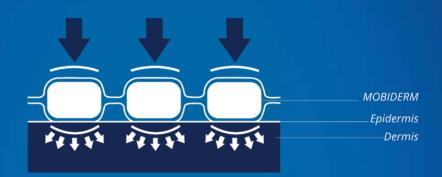


About MOBIDERM DEVICE

MOBIDERM is a medical device made up of foam cubes encased between two non-woven bandages. The **MOBIDERM** technology can be used under a reducing bandage (in its bandage version or mobilising plate), or incorporated into mobilising garments.

Thanks to the pressure difference it creates between the support area of the cubes and their surrounding area, it improves the flow of lymphatic fluid and optimizes the drainage efficacy.

Through a shearing effect on the edematous subcutaneous tissues, **MOBIDERM** also softens the fibrotic or sclerotic cutaneous areas.



MOBIDERM IS A HIGH-TECH ANTI-EDEMA COMPRESSION DEVICE





• EFFECTIVE

- rapid reduction of the volume of the edema,
- softening of fibrotic, sclerotic or edematous skin.

PRACTICAL

- light, comfortable and flexible, it enables the patient to keep the freedom of movement and hence the limb's drainage capacity.

COMFORTABLE

- soft skin contact,
- conformability of product for improved anatomical fit.

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