Measurements to be taken in centimeters.

CIRCUMFERENCES:
Measure all circumferences at the reference points below.

D  Largest Chest
A  Waist
A1 Mid-Hip

**MEASURING INSTRUCTIONS**

1. Measure the **Length** from the suprasternal notch to the waist and record in box L.
2. Measure circumferences at D, A, and A1 and record in the appropriate boxes.
3. Use charts to determine size/item number.